

July / August 2014



The Lake View

A Bi-Monthly Insight Into Our Syracuse City Community

www.syracuseut.com

A Patriotic Message from Mayor Palmer



As we celebrate the birth of our nation, let us remember: “We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness.” The Declaration of Independence, drafted by Thomas Jefferson, 1776.

The founding of this country was brought to pass by God-fearing men who loved freedom more than life itself. They were guided by principles of virtue, morality, property, and recognition that our rights come from a higher power.

George Washington, Thomas Jefferson, John Adams, Benjamin Franklin and James Madison, the father of our Constitution, had a vision of what life could be like with liberty as our guiding light. The odds of success were against the newly declared republic. Through determination, pure guts, and a few miracles, a new nation was formed. We are the recipients of that great sacrifice. We are citizens of that country and have reaped prosperity beyond anything the world has ever known. Now, it is our turn. Our children, grandchildren and future generations will be beneficiaries of what we leave behind. Freedom is not something that once won, will stay forever. The battle is fought every day, 24/7, with every fiber of our souls to maintain liberty, the greatest gift given by the Almighty.

John Adams recognized that the potential accomplishments of the American Revolution should be celebrated for generations. In a letter to his wife, Abigail he said: “I am apt to believe that it will be celebrated, by succeeding Generations, as the great anniversary Festival. It ought to be commemorated, as the Day of Deliverance by solemn Acts of Devotion to God Almighty. It ought to be solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other from this Time forward forever more.”

John Adams also said: “I am well aware of the Toil and Blood and Treasure, that it will cost Us to maintain this Declaration, and support and defend these States. Yet through all the Gloom I can see the Rays of ravishing Light and Glory. I can see that the End is more than worth all the Means. And that Posterity will triumph . . .”

At this time of year, we should reflect on the sacrifices of our founding fathers and every succeeding generation in the preservation of our liberty. The United States of America has been and is a beacon to the world, not for personal gain, but to be a helping hand to those in need. Freedom requires constant monitoring, re-adjustment and vigilance to maintain our prosperity. Let us reflect and recommit our lives to these founding principles that have so dutifully served us.

-Contributed by Mayor Terry Palmer

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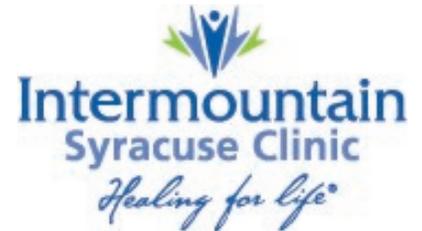
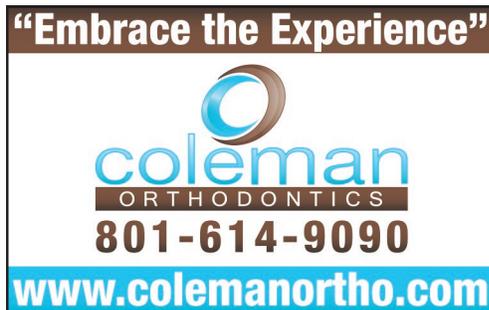
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Island View Pharmacy



Contact Information

Mayor & Council

Mayor Terry Palmer

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Councilmember Brian Duncan

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Councilmember Craig Johnson

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Councilmember Doug Peterson

Phone: 801-776-3068

Email: dpeterson@syracuseut.com

Councilmember Mike Gailey

Phone: 801-776-1547

Email: mgailey@syracuseut.com

Volunteer

Are you looking for a way to volunteer or help our community become a better place in which to live? Below is a list of City contacts who offer volunteer opportunities.

Syracuse City Museum

Phone: 801-825-3633

Hours: Tues, Wed, & Thurs 2pm - 5pm

Syracuse Arts Council

Email: volunteer@syracuseutaharts.org

Syracuse Youth Council

Phone: 801-643-8996

Syracuse Lions Club

Phone: 801-825-7311

Syracuse Lady Lions

Phone: 801-791-7375

Syracuse Eagle Scout Projects

Phone: 801-589-0715

Follow us on Facebook or go to our website at www.syracuseut.com

Services

City Hall is open Mon through Fri, 8am-5pm, but closed on holidays. Community Center hours are Mon through Thurs, 6am-9pm, Fri, 6am-8pm, and Sat, 8am-4pm.

Syracuse City Hall

Phone: 801-825-1477

Address: 1979 West 1900 South

Syracuse Police Station

Phone: 801-825-4400

Address: 1751 South 2000 West

Syracuse Fire Station

Phone: 801-614-9614

Address: 1869 South 3000 West

Syracuse Community Center

Phone: 801-614-9660

Address: 1912 West 1900 South

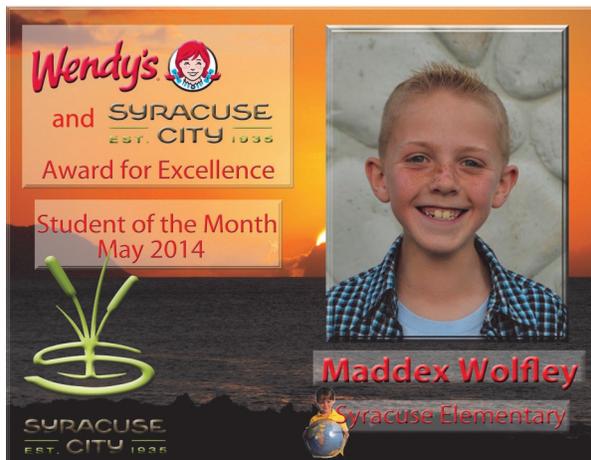
Syracuse Public Works Facility

Phone: 801-825-7235

Address: 3061 South 2400 West

Syracuse City & Wendy's *Award for Excellence*

This monthly award recognizes the outstanding performance of students who excel in athletics, academics, arts and/or community service.



Wendy's and **SYRACUSE**
EST. CITY 1936
Award for Excellence

Student of the Month
May 2014

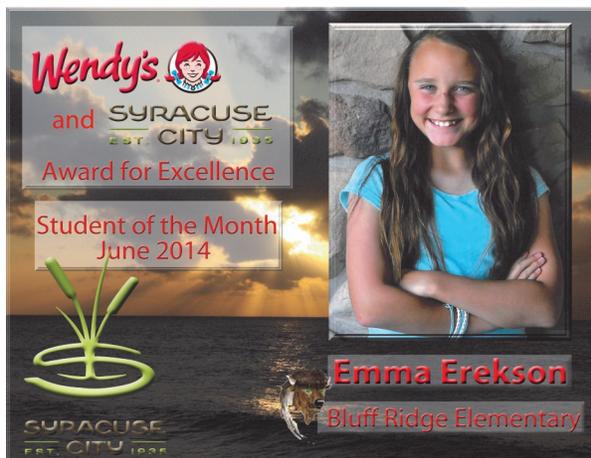
Maddex Wolfley
Syracuse Elementary



Wendy's and **SYRACUSE**
EST. CITY 1936
Award for Excellence

Student of the Month
May 2014

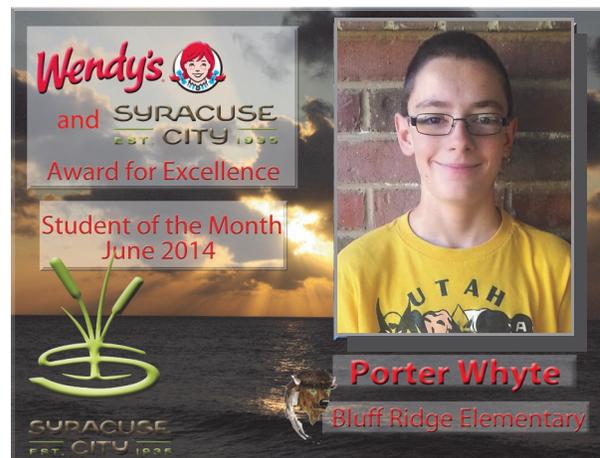
Kylee Jackman
Syracuse Elementary



Wendy's and **SYRACUSE**
EST. CITY 1936
Award for Excellence

Student of the Month
June 2014

Emma Erikson
Bluff Ridge Elementary



Wendy's and **SYRACUSE**
EST. CITY 1936
Award for Excellence

Student of the Month
June 2014

Porter Whyte
Bluff Ridge Elementary



WEBER BASIN WATER
CONSERVANCY DISTRICT

FREE WATER CHECK!

Want a customized irrigation schedule for your landscape? Want to know what type of soil you have and how to make your irrigation system more efficient? Get a free water check and you will learn how to efficiently water your landscape so you can have an attractive landscape and save water and money!

Free Residential Water Checks:

A water check is a series of tests on the irrigation system, performed by Weber Basin Water employees, to determine how much water the irrigation system is putting out (precipitation rate) the infiltration of water into the soil, and the distribution uniformity (evenness of the application of water). The Weber Basin Water employee also checks soil type, root depth and sprinkler pressure. The entire process takes about one hour and the homeowner is left with a customized irrigation schedule and recommendations to better the system.

Free Commercial, Industrial, and Institutional Water Check:

A Weber Basin Water employee walks through the entire irrigation system with the landscape maintenance staff. Each irrigation zone is turned on and examined for problems. Once the maintenance staff repairs the problems and tunes the system up, the Weber Basin Water employee will return to do a follow-up walk through and perform catch cup test on enough of the zones to represent the entire system. A report is provided with results, suggestions and scheduling recommendations.



The Water Check Program is a FREE service and is offered from May – August.

To Schedule an appointment call 801-771-4560 in Davis & Weber Counties.

CHLOE'S SUNSHINE PLAYGROUND FUNDED!



The "Charitable foundation of Syracuse City", a nonprofit 501 C-3, has recently received a \$192,000 federal grant from the Land and Water Conservation Fund (LWCF) for the construction of the proposed Chloe's Sunshine Playground project. The federal funding in addition to approximately \$251,000 that has generously been raised over the last 5 years will allow construction to finally begin on the first phase of this long anticipated playground. All funding for the project has been provided by private donations and this grant. Syracuse City has not contributed any funds to the project except for staff time.

The project is named after Chloe Bennett, a Syracuse City child. Chloe has been diagnosed with Cerebral Palsy and West Syndrome which limit her ability to speak, walk, and to play on traditional playground equipment with other kids. This separation inspired Chloe's mother to gather support to create a place where Chloe and other children can play together. The proposed playground will bridge this gap making Chloe's dream a reality. The proposed fully accessible playground will feature ramps, swings, slides, a music garden, shade structures, a water splash pad, and restrooms. The park will be a unique place for the children of Davis County. It is planned to be

built at Centennial Park (1979 S. 1900 West). There have been multiple fundraising events, very generous donations from local businesses, and the grant to gather the necessary funds for construction. These valiant efforts have raised \$443,000 which is enough to begin the first phase of construction. The total project cost is estimated to be around \$900,000. The first phase would include everything but the restrooms and splash pad.

Construction is estimated to begin as soon as possible. However, the project construction schedule has not been finalized as the city is just now finishing the grant funding process. Stay tuned for more details! The city has a webpage about the project and Chloe's mom keeps a stellar facebook page that you should like immediately! Here are the links.

- Webpage: <http://syracuseut.com/Departments/CityParks/SunshinePlayground.aspx>,
- Facebook: <https://www.facebook.com/pages/Chloes-Sunshine-Playground/111044382969>

It is not too late to make a donation to the project. Donations can be made in person at America First Credit Union to account #905624-3. Checks should be made out to "The Charitable Foundation of Syracuse City", a nonprofit 501 C-3 foundation. All funds will be immediately routed to the Foundation, which is not connected to Syracuse City's account. Donors who contribute \$100-150 are eligible for a 6"x6" paver brick with their personal name(s) or business name engraved into it. Donors who contribute \$150 and up are eligible for a 6"x9" paver brick. All engraved pavers, commemorating the donor, will be used in the sidewalk surfaces within the playground. Any questions about the project or how to make a donation can be directed to Kresta Robinson at 801-614-9654.

Thank you to all those who have made this dream a reality, you make our community a great place to live!

Syracuse Museum and Cultural Center

It's summer! And the town museum is open and cool! The Syracuse Museum and Cultural Center celebrates and preserves local history of the city of Syracuse and its early citizens. The main building houses extensive collections of personal belongings that came to Utah in the early pioneer days, Syracuse baseball teams, toys, music, clothing, furniture, and family histories.

The Farm and Home building houses items that show the extensive agricultural past of Syracuse when the town was the largest producer of fruit in Davis County in the early 1900s. Dairy production is also emphasized and on display is our claim to fame: the two-headed calf. Also housed in this building is a replica general dry goods store and the town's first fire truck. The Rentmeister Library of Utah history books is nestled between a blacksmith shop and memorabilia from the local soda shop.

You still have time to see the feature cartoon exhibit; it will run until August 14, 2014. Syracuse resident, Val Chadwick Bagley, "The Cartoonist Guy," has shared his cartoon work and graphic design in a colorful display now featured in the museum's main building.

Witch Drawing Contest

Calling all young artists in Syracuse; start thinking and drawing. In time for Halloween, a panel of judges will select winners in three age categories: 4-5, 6-7 & 8-12. You can draw a scary witch or a funny one or even a good witch! There will be prizes for each age range in each category of witches, which will include tickets to a haunted house. The museum will start accepting entries from August 19 until Sept. 30, 2014. One entry per person. Please put name, age, address, and phone number on the back of each entry along with whether the witch is scary, funny, or good.



Annual Drinking Water Quality Report

Syracuse City 2013

We're pleased to present to you this year's Annual Drinking Water Quality Report. This report is designed to inform you about the quality of the water and services we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source comes from Weber Basin River, Well 3 Replacement and several creeks along the Wasatch Front. Groundwater, primarily from the Delta Aquifer, is used to supplement surface water sources.

The Drinking Water Source Protection Plan for Syracuse City is available for your review. It contains information about source protection zones, potential contamination sources and management strategies to protect our drinking water. [Our sources are located in remote and protected areas and have a low level of susceptibility to potential contamination sources.](#) We have also developed management strategies to further protect our sources from contamination. Please contact us if you have questions or concerns about our source protection plan.

There are many connections to our water distribution system. When connections are properly installed and maintained, the concerns are very minimal. However, unapproved and improper piping changes or connections can adversely affect not only the availability, but also the quality of the water. A cross connection may let polluted water or even chemicals mingle into the water supply system when not properly protected. This not only compromises the water quality but can also affect your health. So, what can you do? Do not make or allow improper connections at your homes. Even that unprotected garden hose lying in the puddle next to the driveway is a cross connection. The unprotected lawn sprinkler system after you have fertilized or sprayed is also a cross connection. When the cross connection is allowed to exist at your home, it will affect you and your family first. If you'd like to learn more about helping to protect the quality of our water, call us for further information about ways you can help.

This report shows our water quality and what it means to you our customer.

If you have any questions about this report or concerning your water utility, please contact Public Works at 801-825-7235. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of our regularly scheduled meetings. They are held on the 2nd and 4th Tuesdays of the month at city hall.

Syracuse City routinely monitors for constituents in our drinking water in accordance with the Federal and Utah State laws. The following table shows the results of our monitoring for the period of January 1st to December 31st, 2013. All drinking water, including bottled drinking water, may be reasonably expected to contain at least small amounts of some constituents. It's important to remember that the presence of these constituents does not necessarily pose a health risk.

In the following table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

Non-Detects (ND) - laboratory analysis indicates that the constituent is not present.

ND/Low - High - For water systems that have multiple sources of water, the Utah Division of Drinking Water has given water systems the option of listing the test results of the constituents in one table, instead of multiple tables. To accomplish this, the lowest and highest values detected in the multiple sources are recorded in the same space in the report table.

Parts per million (ppm) or Milligrams per liter (mg/l) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) or Micrograms per liter (ug/l) - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

Picocuries per liter (pCi/L) - picocuries per liter is a measure of the radioactivity in water.

Nephelometric Turbidity Unit (NTU) - nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

Action Level (AL) - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

Maximum Contaminant Level (MCL) - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Contaminant Level Goal (MCLG) - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

Date - Because of required sampling time frames i.e. yearly, 3 years, 4 years and 6 years, sampling dates may seem out-dated.

TEST RESULTS

Contaminant	Violation Y/N	Level Detected ND/Low-High	Unit Measurement	MCLG	MCL	Date Sampled	Likely Source of Contamination
Microbiological Contaminants							
Total Coliform Bacteria	N	ND	N/A	0	Presence of coliform bacteria in 5% of monthly samples	2013	Naturally present in the environment
Fecal coliform and <i>E. coli</i>	N	ND	N/A	0	If a routine sample and repeat sample are total coliform positive, and one is also fecal coliform or <i>E. coli</i> positive	2013	Human and animal fecal waste
Turbidity for Ground Water	N	0	NTU	N/A	5		Soil runoff
Inorganic Contaminants							
Barium	N	304	ppb	2000	2000	2013	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
Copper 90% results # of sites that exceed the AL	N	613 - 796	ppt	1300000	AL=1300000	2011	Corrosion of household plumbing systems; erosion of natural deposits
Fluoride	N	200	ppb	4000	4000	2013	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
Lead 90% results # of sites that exceed the AL	N	2 - 3	ppt	0	AL=15000	2011	Corrosion of household plumbing systems, erosion of natural deposits
Nitrate (as Nitrogen)	N	200	ppb	10000	10000	2013	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Selenium	N	1	ppb	50	50	2013	Discharge from petroleum and metal refineries; erosion of natural deposits; discharge from mines
Sodium	N	17	ppm	20	None set by EPA	2013	Erosion of natural deposits; discharge from refineries and factories; runoff from landfills.
Disinfection By-products							
TTHM [Total trihalomethanes]	N	5 - 28	ppb	0	80	2013	By-product of drinking water disinfection

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Syracuse City is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

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As you can see by the table, our system had no violations. We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some constituents have been detected. The EPA has determined that your water IS SAFE at these levels.

We periodically monitor for a Chlorine Residual in the distribution system to meet all regulatory requirements. In the first quarter of 2013 we failed to take the required samples. Testing for a Chlorine Residual is used to ensure that the public is provided with safe drinking water. This violation does not necessarily pose a health risk. We have reviewed why we failed to take the required samples and will take steps to ensure that it will not happen again.

All sources of drinking water are subject to potential contamination by constituents that are naturally occurring or man-made. Those constituents can be microbes, organic or inorganic chemicals, or radioactive materials. All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

MCLs are set at very stringent levels. To understand the possible health effects described for many regulated constituents, a person would have to drink 2 liters of water every day at the MCL level for a lifetime to have a one-in-a-million chance of having the described health effect.

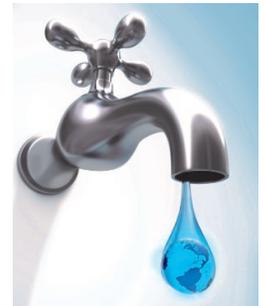
Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice from their health care providers about drinking water. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).

We at Syracuse City work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life and our children's future.

Water Conservation Tips

The following are some tips to help you to avoid wasting valuable water:

- Apply water only as fast as the soil can absorb it.
- Avoid watering between 10:00 am and 6:00 pm and when it is windy.
- Water dry or brown spots in your lawn by hand. Use a hose rather than running your sprinkler system. This will take care of the brown spots while saving thousands of gallons of water and not overwatering the rest of the entire lawn to take care of the same brown spot.



Learning Garden

Weber Basin Water Conservancy District offers a beautiful Learning Garden located at 2837 Utah 193, Layton, UT 84040, (801) 771-1677. The garden demonstrates how a yard can be both beautiful and water efficient. Stroll through the garden, attend a free class, take a guided tour, or get advice from professionals about your yard. The Learning Garden is open to the public all year long.

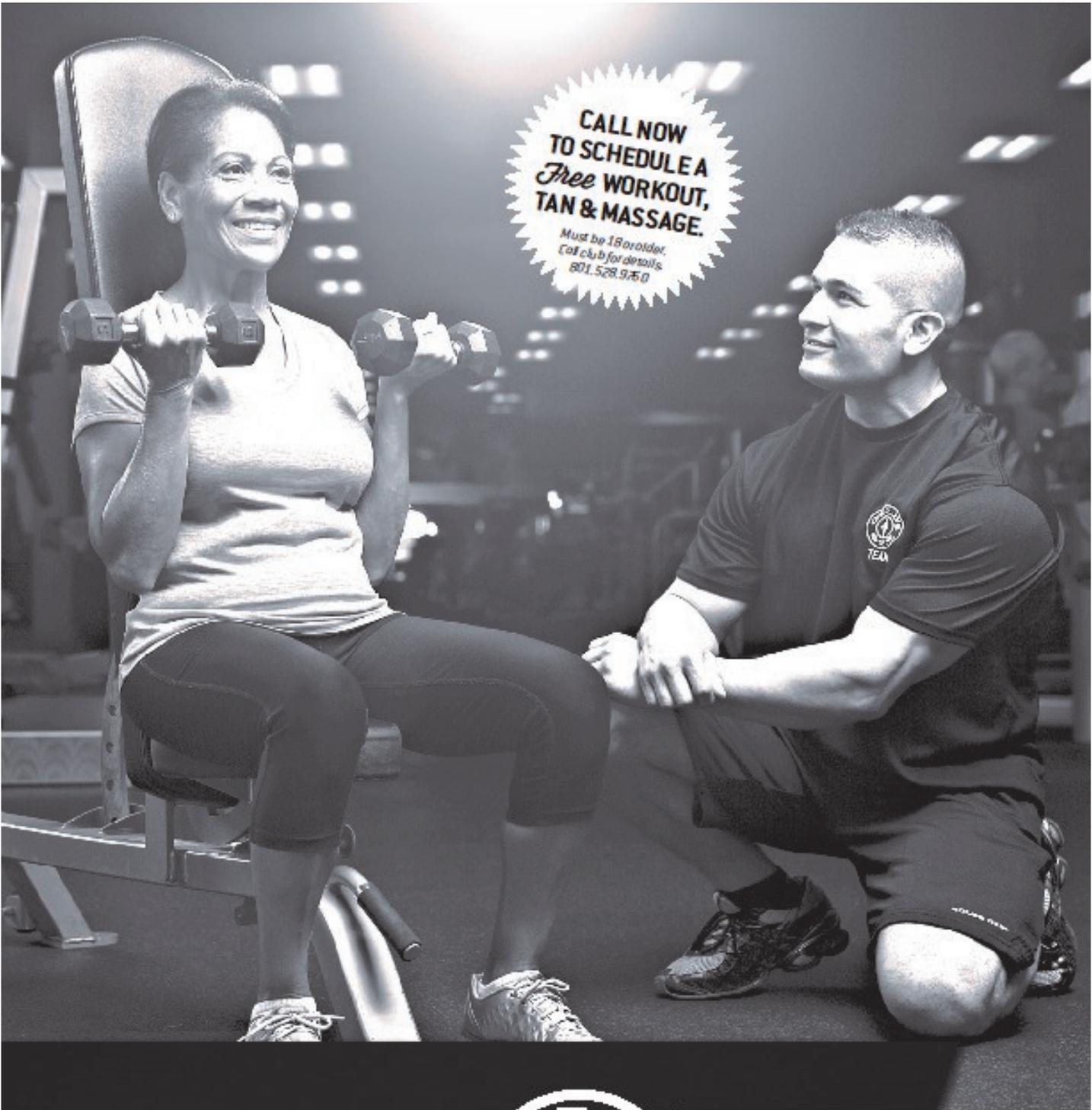
- Winter Hours October 15 - April 15: Monday - Friday 8:00 am. - 5:00 pm.
- Summer Hours April 15- October 15: Everyday 8:00 am. - 8:00 pm.

Check out these upcoming free classes:

- Saturday, Aug. 23rd 9:00 am-Noon, Project Super Saturday! (Details online. Prize drawings!)
 - * 9:00 am: Arbors
 - * 10:00 am: Artificial Grass and Putting Greens
 - * 11:00 am: Water Features
- Wednesday Aug. 27th 6:00-7:30 pm, Free Class "Great Groundcovers for Any Location"



The district also offers free water checks for residential and commercial sprinkling systems. They come out and help you adjust your system so you don't waste water. And it's all for free! For a full class schedule and other water conservation information go to www.weberbasin.com/conservation or call (801) 771-1677.



**CALL NOW
TO SCHEDULE A
Free WORKOUT,
TAN & MASSAGE.**

*Must be 18 or older.
Call club for details.
801.528.9760*

**STRONGER *with*
ENCOURAGEMENT**



No Dues Until
SEPTEMBER

EXPIRES JULY 31, 2014

See club for details.

SYRACUSE | 1792 South 1000 West | 801.528.9760

Recreation and Community Center

SPORTS AND COMMUNITY EVENTS INFO



SYRACUSE COMMUNITY CENTER

1912 West 1900 South
Syracuse, UT 84075
(801) 614-9660 - Option #1
Monday -Thursday: 6:00 am to 9:00 pm
Friday: 6:00 am to 8:00 pm
Saturday: 8:00 am to 4:00 pm
Closed on Sunday

ZUMBA WITH ANGIE!

Come see what Zumba can do for you.
Tues at 9:00 am and 7:30 pm and Thurs-
days at 9:00 am. Cost is \$36 for 12 Class
Punch Pass or \$5/class. First Class is Free
- What Are You Waiting For? ***Check
the Front Desk for Summer Schedule***



FREEDOM ZUMBA PARTY

Thursday July 3 at 9:00am and 7:30 pm. Celebrate our
Freedom with a Fun, Free party. Wear Red, White, and
Blue!

STEP AEROBICS

8:45am-10:30am Monday, Wednesdays,
Fridays. A fun and energetic workout!
Tones and strengthens muscles, increases
lung and heart capacity. Check us out on
Facebook- "Syracuse Fitness Classes."



SCULPT AND TONE

9:35am-10:30am Monday, Wednesdays,
Fridays. Free weights, resistance bands, and exercise
balls are used to firm, tone, and strengthen muscles.
Increases flexibility and bone mass. Please bring your
own mat. Check us out on Facebook- "Syracuse Fitness
Classes."

KICKBOXING

7:30 -8:30 am Monday, Wednesdays, Fridays. This is an
exhilarating total body workout where a fusion of mar-
tial arts meets chart-topping music. No belts, no uni-
forms! Just come and be prepared to kick fat cells in the
gut, knockout stress, and win the war on gaining
strength, heart-lung function and flexibility. The three
classes are free with your Community Center entrance
and/or membership. If you are just attending one or all

three classes it is \$1.00 per day or \$9.00 per month.

BOOT

7:30 -8:30 am Tuesdays and Thursdays. Boot is a 60-minute
fusion of cardio, strength, balance and flexibility. The objec-
tive is to continually shock the body, as research demon-
strates this is the most efficient and effective way to improve
your cardiovascular system, lose weight, and build lean mus-
cle. Varied intensity levels are taught to give everyone the
opportunity to take BOOT! The four classes are free with
your Community Center entrance and/or membership. If you
are just attending one or all four classes it is \$1.00 per day or
\$9.00 per month.

FALL SOCCER

Registration: July 1-July 26. Age Groups: Pre-K
(Starting Kindergarten in Fall of 2015) through 6th
grade. Cost: \$46 Fee includes: jersey, shorts and
socks.



LITTLE SPROUTS MUSIC

Family Music for Babies. Age: Birth-18 months. Cost: \$40.00.
Registration: July 1-Sept 3. Time/Dates: Wednesdays, Septem-
ber 3-October 22 from 10:00am-10:30am (8 weeks) This class
will help you learn how to play musically with your baby.
Learn bouncing and rocking songs, wiggle and peek-a-boo
games, and other activities to soothe and entertain your baby.

SING & DANCE WITH ME TODDLERS

Age: 18 months-3 years. Cost: \$40.00 Registration: July 1-Sept
3. Time/Dates: Wednesdays, September 3-October 22 from
10:00am-10:30am (8 weeks). You and your toddler will sing,
chant, move, dance, listen, and play simple instruments in this
class, all activities that bridge the natural connection between
music and movement.

CYCLE OF SEASONS

Age: 3-5 year olds. Cost: \$48.00. Registration: July 1-Sept 8.
Time/Dates: Mondays, September 8-October 27 from 1:00 pm
-1:45 pm (8 weeks). Developed to build attention and self-
expression, activities include singing, chanting, moving, focused
listening, musical games, exploring musical instruments, crea-
tive movement and storytelling.

MUSIC MAKERS

Age: 5-7 year olds. Registration: July 1-Sept
8. Cost: \$55.00. Time/Dates: Mondays, Sep-
tember 8-October 27 from 4:00 pm-5:00
pm (8 weeks) This pre-piano program in-
cludes singing, creative and structured
movement, playing instruments and ensem-
ble work, ear training and guided listening.
Children also begin work with written musical patterns.



Register in person at the Community Center or online
at www.syracusercreation.com

SENIOR CITIZENS

To learn more about activities for Senior Citizens, please stop by the Syracuse Community Center for a Senior Citizen Newsletter or visit www.syracuserecreation.com

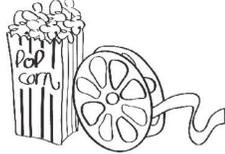
LUNCH & BINGO

Friday, July 18th @ 12 Noon
Friday, August 29th @ Noon
Suggested donation of \$2.50/person.
Must RSVP



MOVIE WEDNESDAY

Wednesday, July 23rd @ 1 p.m.
Wednesday, August 13th @ 1 p.m.
FREE ~ Please RSVP



THINK TUESDAY

Tuesday, July 15th @ 10 a.m.
Tuesday, August 19th @ 10 a.m.
FREE ~ Please RSVP



STORY TELLING

Wednesday, July 2nd @ 1 p.m.
Wednesday, August 6th @ 1 p.m.
FREE

Please call the Syracuse Community Center at (801) 614-9660 #1 to RSVP, or for more information!

FARMERS MARKET

The City's 2014 farmers market season kicks off on July 9th! There will be live music, hot food, arts, crafts, and of course fresh produce. Please come out and show your support for the market! Back yard gardeners that would like to sell seasonal home grown produce, will be allowed to sell on a weekly basis. Just call ahead to give us a heads up that you plan on attending. Contact 801-614-9672 with questions.



ANTELOPE BY MOONLIGHT 2014

Join us for the 21st annual family friendly, non-competitive bike ride at Antelope Island State Park, in the middle of Great Salt Lake. The ride starts July 11, 2014 at 10:00pm (check-in starts at 7:30pm) at the White Rock Bay and is lit by the full moon. The 24 mile route goes from White Rock Bay to the historic Fielding Garr Ranch and back.



MISS SYRACUSE PAGEANT

The Miss Syracuse and Miss Syracuse Outstanding Teen Scholarship Pageant are now accepting applications for this year's pageant. It will be held on August 9th at Syracuse High. It is an amazing opportunity to meet new friends, learn life long skills, and earn scholarship money to pay for school. If interested, please contact us at misssyracusepageant@gmail.com.



Syracuse City Arts Council Presents

HELP! THINK!

SEUSSICAL THE MUSICAL

July 18, 19, and 21
7:30 PM showtime, Saturday Matinée at 2PM
Tickets on Sale Now!
www.SyracuseUtahArts.org
All seats reserved

YOPP! HUMPH!

1 Free Concession when you present this ad

Special Thanks to our Presenting Sponsors!!

*Seussical™ is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI, 431 West 64th Street, New York, NY 10019

Davis County Walks 5K Run/Walk and Kids Mud Race

When: Saturday, Aug. 16
Run/Walk starts at 7:30am
Kids Mud Run starts at 9am

Where: Legacy Events Center, Farmington

Cost: Free for those 60 years of age and older; \$20 for pre-registered individuals 59 and under, \$15 for pre-registered individuals 14 and under; Free Kids Mud Race (12 and under—pre-registration required)

Pre-Registration deadline:
Friday, Aug. 8

How to register: Pick up a form at Davis County Health Department or register online at www.daviscountyutah.gov/dcw

Questions? call 801-525-5050
Benefiting Davis County Senior Services



POLICE DEPARTMENT

Syracuse Police Officers Recognized for Achievements

On May 14, 2014, as part of National Police Week, Syracuse Police Department held its first annual Officer Appreciation Banquet. The event was an opportunity for officers to remember and give thanks to the men and women of our law enforcement family from around the Country who died in the line of duty; it was also an opportunity for the Department to recognize several of its members for outstanding achievement in their service to Syracuse City. The event was a great success and the Department was proud to have Mayor Palmer and all members of the City Council in attendance as honored guests. The following achievements were recognized:

- Officer Stan Penrod (now with West Valley Police Department) was given the Medal of Distinguished Service for placing his life in danger to save the life of a young boy who fell through the ice at Jensen Park.
- Lt. Lance Jensen was given the Police Combat Cross for his heroic actions during an officer involved shooting with an armed assailant while he was acting as part of the U.S. Marshal's Joint Criminal Apprehension Team.
- Officer Colin Handy and Officer Josh Steele were given Life Saving Awards for their actions in separate incidents where they played significant roles in saving the lives of two Syracuse citizens.
- Sgt. Lance Call was given a Chief's Award for his role in the incident where a young boy fell through the ice at Jensen Pond.
- Detective Ryan Carter and Officer Josh Steele were given Chief's Awards. In the past year and half, the Department has experienced a great deal of turnover and these officers played a significant role in the Department's success by functioning as field training officers for new recruits.
- Administrative Professional Mazie Watters was given a Chief's Award for her ongoing commitment and dedication to the officers of the Department.
- Sgt. Austin Anderson was given the Criminal Investigation Commendation for work he did as part of the Davis Metro Narcotics Strike Force. One of his investigations led to four people being arrested, all of whom had significant ties to Mexican drug cartels. Based on his investigation, the Strike Force seized 12 pounds of meth and two pounds of heroin; the drugs had an estimated street value of \$300,000.00. They also seized \$22,000.00 in cash.
- Officer Colin Handy and Officer Trase Benson were recognized for their service in the United States Armed Forces.
- Chief Atkin was recognized for his successful graduation from the FBI National Law Enforcement Academy.
- Officer Stan Penrod (now with West Valley Police Department) was recognized for his Master's Degree; Chief Atkin, Lt. Rogers, and Lt. Jensen were recognized for their Bachelor's Degrees; and Officer Erin Behm was recognized for her Associate's Degree.

Syracuse Police Department is proud of all its members and looks forward to another year of providing excellent service to our community.

Internet Safety Month

June was National Internet Safety Month and Syracuse Police Department would like to remind the community of the dangers of the Internet. The Internet is a tool we use to shop, bank, and file our taxes. As with any tool, we need to use it with care. The Internet makes it easier for us to manage our everyday lives; it also provides cybercriminals with easy access to our private information and financial records. Everything is not as it seems on the Internet. Consider the security risk and remind your kids to be aware of them as well.

Here are a few guidelines to keep you and your family safe online.

- Only click on links that are familiar to you. A link with a shortened URL, usually posted on social media websites, may take you to a malware-infested website. Always be cautious of any links or emails you receive from unknown recipients, or ones that just seem suspicious.
- While you may know not to reveal your information, do your children? Make sure they do. Ask them to talk to you first before they post anything personal online because once you post something on the Internet, it is out there forever and it cannot be deleted; this includes pictures and anything you say. It may also affect any jobs, scholarships or promotions you foresee in the future.
- Before you connect to a public Wi-Fi such as a coffee shop or the airport, be aware that shared unsecure connections can make it easier for cybercriminals to eavesdrop on your Internet session without you even knowing it is happening. Play it safe be-



(Continued from previous page)

fore connecting. Wait until you are on a private, secure connection to check accounts that require a login. This includes your bank account, online email and social networking websites.

- Be aware of those around you. Someone might be reading what you type. Try to keep your computer screen away from any wondering eyes.
- Only friend people you know on Facebook. There are predators just waiting for the opportunity to make friends and get your information. Please remind your children to only friend people they know, as not everyone is as honest and may have a different reason for wanting to be your child's friend.

Syracuse Police Department is continuously receiving reports of fraud occurring through a local classified website by making arrangements to purchase an item from the seller then the buyer will send a check for a considerable amount over the asking price and have the owner cash the check. The seller is told to take what is owed for the item and then send the buyer back the rest of the money. This is a scam, the check is not valid and the seller can be responsible for any bank fees due to insufficient funds including the amount of the check.

Another popular scam from this website is when an item is up for sale and you know it should be expensive, but it is being sold for a significant amount lower, such as a new iPad mini, being sold for \$50. Chances are the items are stolen property and the seller is trying to make a quick buck. Remember, if it sounds too good to be true, it probably is.

To report suspicious activity or if you have any questions contact Syracuse Police Department by phone at 801-825-4400 or by email, police@syracuseut.com.

Firework Safety

FIRE DEPARTMENT



Ready to celebrate the holidays this summer? Fireworks are a wonderful way to celebrate holidays, but they must be used carefully! Again, we are encouraging individuals and families to be **fireworks smart** before, during, and after their fireworks display.

We anticipate another hot and dry summer in Northern Utah. *Please watch for any advisories or restrictions again this summer, to be posted as needed.*

As a reminder, here are the **2014** Fireworks purchase and discharge dates... Class 'C' (consumer grade fireworks) may be sold and purchased June 23rd through July 27, and again December 29 through January 1. Fireworks are allowed to be discharged between the hours of 11am and 11pm, **July 1st through July 7th** (July 4th hours extended to midnight), and again **July 21st through July 27th** (July 24th hours extended to midnight).

As usual, we stress that everyone pay particular attention to safety recommendations and safety tips from manufacturers and retailers who sell fireworks. Read all instructions to reduce the chances of a destructive fire or debilitating injury. Follow all safety guidelines exactly. We offer the following simple reminders for responsible fireworks display.

- Children should not handle fireworks. Those handling or lighting fireworks should be at least 16 years old. A responsible adult should supervise any activity that includes fireworks.
- Remember, that 'Aerial devices' 'multiple tube' or 'cake' type fireworks need sufficient space from trees, carports, structures, power lines or other high or low obstacles. Aerial or 'cake' fireworks need at least a 30 foot ground clearance, and at least 150 foot clearance in the air. Never play with, set or light fireworks under a carport or overhang.
- Make sure other people are out of range at a reasonable distance before lighting fireworks. Do not point or throw fireworks at people. Use fireworks with caution near animals. Excitement, noise and lights can cause fear and stress in pets and livestock.
- Remember, sparklers burn at **1200 degrees** Fahrenheit. They can be very dangerous in the hands of children and can cause serious burns and injuries if not used properly. Keep a bucket of water or running hose nearby during the time of lighting and disposing of fireworks and in case of an emergency.
- Firecrackers, M-80's, cherry bombs, bottle-rockets, roman candles, single or reloadable mortars, and ground salutes are still illegal in Utah and should not be sold or discharged anywhere in the state. All local, state and federal laws pertaining to the use and handling of fireworks must be adhered to.

We hope you will help us keep our community safe during all your recreation events this summer.

Is the first food you see the first food you eat?



MOVE THE SNACKS OUT OF SIGHT!

© Wansink 2010

Source: Chandon & Wansink
J of Mkg Rsch 2002

For more nutrition advice, check out the Davis County W.I.C. Program. Women, Infants and Children (W.I.C.) program is a supplemental nutrition program for women who are pregnant or just had a baby and children under the age of 5. As of July 1st, income guidelines have increased. To see if you qualify for food, nutrition counseling and/or breast-feeding support go to www.daviscountyutah.gov/health or call 801-525-5010

Are you turning 65 or preparing to retire? Wonder what ABCD has to do with Medicare? Come spend an hour with us and find out. August 12th at Clearfield Library and September 16th at Layton Library from 6:30 -7:30 P.M. Sponsored by Davis County Senior Services. For more information contact Marie at 801-525-5086.



Frank Sharf, D.O. • Gary P. MacDonald, D.O. • Benjamin G. LaRose, D.O. • Jennika McPeck, PA-C

It's like having a doctor in the family

From our family to yours the physicians at Intermountain Syracuse Clinic offer expert care for patients of all ages and all stages of life. It's the next best thing to having a doctor in the family

- | | |
|---------------------------|------------------------|
| Family Medicine | Annual Adult Physicals |
| Preventative Care | Fracture Care |
| Well Child | Sports Medicine |
| Acute Illness | Lacerations |
| Personalized Primary Care | And More |



**Intermountain
Syracuse Clinic**

Now accepting new patients. Appointments and walk-ins welcome
Hours: Mon thru Fri, 9:00 am – 5 pm • SyracuseClinic.org • (801) 525-2400
InstaCare Hours: Mon thru Fri, 9:00 am - 9:00 pm;
Sat thru Sun 9:00 am - 3:00 pm

In your opinion, which one of the following park development efforts should the City pursue?



- Improve existing parks
- Expand Fremont Park to include additional sports fields such as soccer, lacrosse, etc.
- Develop a new regional park to include additional sports fields and community open space
- Other: _____

Please submit your opinion by either going to <https://www.surveymonkey.com/s/Q8LBFM3> on the computer, simply fill your answer in above and bring in to the City Offices (1979 W. 1900 S), or email to nsteele@syracuseut.com

SYRACUSE
EST. CITY 1938

FARMERS MARKET

Wednesday Nights 5pm – 9pm

TIME

*Centennial Park -
1891 W. 1700 S. Syracuse, UT*

LOCATION

July 9th – October 1st

DATES

PRODUCE, EGGS, MEAT, BREAD, CRAFTS, JEWELRY, ART, MUSIC

FOR QUESTIONS OR TO BECOME A VENDOR, CONTACT (801) 825-1477



July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Planning Commission @ 6pm	2 Senior's Stories	3 Fireworks Discharge Legal	4 Independence Day City Offices Closed	5
6	7	8 City Council @6pm	9 Farmer's Market (Grand Opening) Court	10	11 Antelope by Moonlight Bike Ride	12
13	14	15 Planning Commission @ 6pm Senior's Games	16 Farmer's Market Court	17	18 Seussical the Musical (Syracuse Arts Council) Senior's Lunch	19 Seussical the Musical (Syracuse Arts Council)
20	21 Seussical the Musical (Syracuse Arts Council)	22 City Council @6pm	23 Farmer's Market Senior's Movie Court Fireworks Discharge Legal	24 Pioneer Day City Offices Closed	25 Utility Payments Due	26
27	28	29	30 Farmer's Market Court	31		

August



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Planning Commission @ 6pm	6 Farmer's Market Court Senior's Stories	7	8	9 Miss Syracuse Pageant
10	11	12 Medicare Workshop City Council @6pm	13 Farmer's Market Senior's Movie Court	14 Davis County Fair	15	16 Davis County Walks 5k Walk/Run
17	18	19 P.C. Meeting @ 6pm Senior's Games Museum Witch Drawing Contest Starts	20 Farmer's Market Court	21	22	23 Gardening Workshop
24 31	25 Utility Payments Due	26 City Council @6pm	27 Farmer's Market Court Gardening Workshop	28	29 Senior's Lunch	30