



January/February 2013

# The Lake View

A Bi-Monthly Insight Into Our Syracuse City Community

[www.syracuseut.com](http://www.syracuseut.com)

## A New Way to Donate to Chloe Sunshine Playground

Our proposed Chloe Sunshine Playground, which would offer disabled children a place to play, has been in the fundraising stages for multiple years. In an effort to raise enough funds to begin construction, residents can now make a donation to the project on their City utility bill.

The first phase's estimated cost is \$410,000. So far residents, local businesses, and Davis County have generously donated over \$250,000 towards the project.

Donations can be made in conjunction with your utility bill. There are three ways to donate; simply write on your utility payment check what portion of the payment should be donated to Chloe's Playground, online at [syracuse recreation.com](http://syracuse recreation.com), or in person at America First Credit Union to account #905624-3. Checks should be made out to "The Charitable Foundation of Syracuse City", a nonprofit 501 C-3 foundation. All funds will be immediately routed to the Foundation, which is not connected to Syracuse City's account.

Donors who contribute \$100-150 are eligible for a 6"x6" paver brick with their personal name(s) or business name engraved into it. Donors who contribute \$150 and up are eligible for a 6"x9" paver brick. Once the donation is made, please contact Kresta Robinson at 801-614-9654 to give the information you would like to see on your paver. All engraved pavers, commemorating the donor, will be used in the sidewalk surfaces within the playground.

For more information about the project, please refer to [www.syracuseut.com](http://www.syracuseut.com).



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## Planning Commissioner Openings

We are currently seeking residents to apply for multiple openings on the Planning Commission. The Planning Commission is an appointed advisory body of seven citizens that meet on the first and third Tuesday of each month. The Commission helps guide the future of the City by overseeing real estate development and the City's General Plan. Residents who are interested in becoming a member of the Commission can submit a letter of interest to Michael Eggett on or before January 18, 2013 by 5pm. Please include a short description of yourself and the reasons why you are interested in serving on the Planning Commission. Letters of interest can be dropped off in person at City Hall, mailed to 1979 West 1900 South, Syracuse UT 84075, or emailed to [planning@syracuseut.com](mailto:planning@syracuseut.com).

## Syracuse Fire Department *Carbon Monoxide (CO) Safety*

Happy New Year! We've survived the holidays and we're well into the winter, which brings to focus one of the more common emergency calls this time of year... the Carbon Monoxide (CO) alarm! Why more common? Our homes are closed up more tightly, trying to keep the heat in and the cold out. There are more heating appliances of all types being utilized to keep our living spaces warm and comfortable, and there are also more homes with CO detectors.

Often called the silent killer, carbon monoxide is an invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In the home, heating and cooking equipment including furnaces, ranges, water heaters, room heaters and even clothes dryers that burn fuel can be sources of carbon monoxide.

Following are some important safety recommendations from the National Fire Protection Agency (NFPA).

- CO alarms should be installed in a central location outside each sleeping area and on every level of the home.
- Test CO alarms at least once a month; replace them according to the manufacturer's instructions.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the fire department.
- If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door, and close the door behind you so the fire department can detect the source. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel arrive.
- If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open.
- A generator should be used in a well-ventilated location outdoors away from windows, doors and vent openings.
- Gas or charcoal grills can produce CO — only use them outside.

Remember, a person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time. Symptoms of CO exposure range from headache, fatigue, shortness of breath, nausea, dizziness to confusion, vomiting, loss of muscular coordination and loss of consciousness. We certainly don't want to advocate that every headache or onset of nausea is due to carbon monoxide, but it is good to be aware, especially if all occupants of your living space are experiencing the same symptom at the same time.

Let's all stay safe in our homes and project rooms. Get a carbon monoxide detector, know how to install and test it, and familiarize yourself and your family about the audible alarms that may sound (this advice also applies to your smoke detector)!





## Newsletter Production Survey

We are asking for residents help to determine the most preferred way to receive your Syracuse City Newsletter, aka "The Lake View". Please choose whether you would like to receive the newsletter:

- A:** The same way as it is delivered now, bi-monthly via mail. (\$2,796.33)
- B:** Digitally, the newsletter will be created as usual but will be posted on the website and emailed to residents who wish to receive it that way. (\$0)
- C:** As a one page column every two weeks in the "Islander" newspaper. (\$400.00)
- D:** Included with your monthly City Utility Bill. (\$605.20)

**I would like to receive my City Newsletter via:** \_\_\_\_\_

Please return this survey to City Hall, email [mmartinson@syracuseut.com](mailto:mmartinson@syracuseut.com), or call 801-825-1477 with your response.

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We appreciate your feedback. If you have any comments or concerns about the newsletter, please email them to [mmartinson@syracuseut.com](mailto:mmartinson@syracuseut.com)

## Citizen's Financial Report

Check out our new citizen's financial report for the fiscal year ended June 30, 2012. It provides some history, performance measures, financial information, and news about our City. Go onto our website at <http://syracuseut.com/Departments/CityAdministration/Finance.aspx> and click on the FY2012 Citizens Financial Report.

## Community Project Grants

Do you have a community project that you need help funding? Syracuse City may be able to help local non-profit organizations obtain grants/loans for community projects. City Planner, Sherrie Christensen is the designated Grants Technician for Syracuse City. She is available to assist community groups find local, state and federal grants for projects that benefit Syracuse City and our citizens. If you have a project that benefits Syracuse and you would like to meet with Sherrie to see if there are any granting opportunities, please call the Community Development Office at 801-825-1477.

## Free Emergency Preparedness

*Classes at GSL*

Jan 24, 6-9 pm - Cooking Sources & Water Filtration

Jan 31, 6-9 pm - Preparing for Power Outage

Mar 21, 6-9 pm - Water Sources & Shelter

Mar 29, 6-9 pm - Evacuation & Kits

Space is limited call 801-776-6323 for more info.

# Public Works

## Fix-It Request

We appreciate our citizens helping us to be aware of repairs and maintenance that need to be done throughout the city. The city website has been a great tool for providing us notification. The “Fix-it Request” link can be found on our home page. Look under “Popular Pages”.

## Streets

### Don't Crowd the Plow

Clearing the roads, salting them with that Great Salt Lake brine . . . Snowplows do great things! Occasionally they'll do kind of annoying things like shoving all that icy, wet, chunky snow from the street right onto your driveway apron that you just finished shoveling. But that's the exception, not the rule, right?

These beasts of the road need room to do their work properly. While you may think they're in your way, you are probably in theirs. And they're bigger, and they're throwing snow and debris, so you need to back off! Don't crowd the plow.

UDOT has these tips for staying safe around snowplows (<http://publicsafety.utah.gov/highwaysafety/winterdriving.html>). Watch out for snowplows and consider:



Speed	Distance
<ul style="list-style-type: none"> <li>- Snowplows travel below the posted speed limit.</li> <li>- Don't tailgate and try not to pass. If you must pass (and, really? MUST you?!) use extreme caution and beware of the snowcloud!</li> <li>- Be patient!</li> <li>- Allow plenty of space to slow down</li> <li>- When there's ice and snow, take it slow</li> </ul>	<ul style="list-style-type: none"> <li>- Give snowplows room to work — they are wide and can cross the centerline or shoulder.</li> <li>- Never pass a snowplow on the right!!</li> <li>- Keep back at least 200 feet (unless you like salt and abrasives damaging your windshield and paint.)</li> <li>- Snowplows frequently stop and backup, so give them plenty of room! (Don't crowd the plow!)</li> </ul>

## Welcome New Businesses

- Jesse James Firearms, LLC(801-940-1325).....Firearm Sales
- Standards Management, LLC(801-773-6108)...Management Consulting & Performance Audits
- Evauns Mobile Barbering and Hair(801-628-0558).....Mobile Barbering & Hair
- Easy On The Eyes(801-673-8687).....Installation of Benches at Bus Stops
- GSL Adventure Gear(801-776-6323).....Retail - Outdoor Sporting Goods
- Hammer V Productions(801-336-6286).....Video & Audio Production
- Salon Obsessed, LLC(801-920-9564).....Salon - Hair & Beauty
- T.L.C. Nursing(801-628-3910).....Nursing Services
- Pinebox Design(801-560-7482).....Sales & Manufacturing of Motorcycle Accessories
- Zeresic Innovations, LLC(801-554-8187).....Software & Services
- University Concierge, LLC(801-499-7704).....Student Concierge Services
- Utah Association of Special Districts(801-614-0405).....Non-Profit Association
- Human Art(801-529-5217).....Consultants - Personal

For more information about businesses or opening a new business please call 801-614-9627 or visit the “Doing Business” page at [www.syracuseut.com](http://www.syracuseut.com).

## Contact Information

### Mayor & Council

#### Mayor Jamie Nagle

Phone: 801-614-9636  
Email: jamienagle@ymail.com

#### Councilmember Brian Duncan

Phone: 801-678-7107  
Email: bduncan@syracuseut.com

#### Councilmember Craig Johnson

Phone: 801-589-0715  
Email: crjohnson@syracuseut.com

#### Councilmember Karianne Lisonbee

Phone: 801-589-2934  
Email: klisonbee@syracuseut.com

#### Councilmember Doug Peterson

Phone: 801-776-3068  
Email: dpeterson@syracuseut.com

#### Councilmember Larry Shingleton

Phone: 801-776-8746  
Email: lshingleton@syracuseut.com

### Volunteer

Are you looking for a way to volunteer or help our community become a better place in which to live? Below is a list of City contacts who offer volunteer opportunities.

#### Syracuse City Museum

Phone: 801-825-3633  
Hours: 2pm - 5pm

#### Syracuse Arts Council

Email: utahyankees@gmail.com

#### Syracuse Youth Council

Phone: 801-719-9179

#### Syracuse Lions Club

Phone: 801-825-7311

#### Syracuse Lady Lions

Phone: 801-791-7375

#### Syracuse Eagle Scout Projects

Phone: 801-825-7235

### Services

Syracuse City Hall is open Monday through Friday, 8am-5pm, but closed on certain holidays. Community Center hours are Mondays through Thursdays, 6am-9pm, Fridays, 6am-8pm, and Saturdays, 8am- 4pm.

#### Syracuse City Hall

Phone: 801-825-1477  
Address: 1979 West 1900 South

#### Syracuse Police Station

Phone: 801-825-4400  
Address: 1751 South 2000 West

#### Syracuse Fire Station

Phone: 801-614-9614  
Address: 1869 South 3000 West

#### Syracuse Community Center (Parks & Recreation)

Phone: 801-614-9660  
Address: 1912 West 1900 South

#### Syracuse Public Works Facility

Phone: 801-825-7235  
Address: 3061 South 2400 West



Follow us on Facebook and Twitter or go to: [www.syracuseut.com](http://www.syracuseut.com)



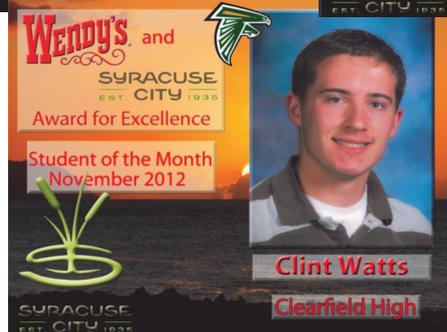
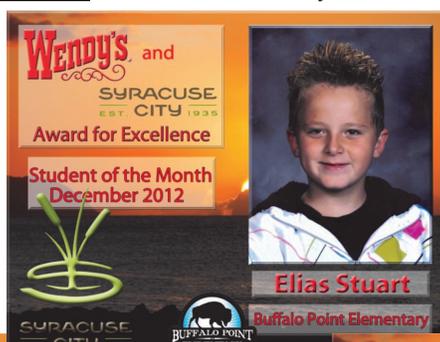
## Syracuse City & Wendy's Award for Excellence

This monthly award recognizes the outstanding performance of students who excel in athletics, academics, arts and/or community service.

**November:** Clearfield High's Julie Stone



**December:** Buffalo Point Elementary's Elias Stuart



**November:** Clearfield High's Clint Watts



**December:** Buffalo Point Elementary's Taylor Rawlings

**Congratulations and Thank You for your wonderful examples!!!**

# Recreation and Community Center



## SENIOR CITIZENS

To learn more about activities for seniors, drop by the Community Center for a Senior Citizen Newsletter or visit [www.syracuser recreation.com](http://www.syracuser recreation.com)

## SYRACUSE QUILT GUILD

The Guild meets the second Tuesday of each month at 1pm in the Community Center. For more Guild info, visit [syracuseutahquilters.blogspot.com](http://syracuseutahquilters.blogspot.com).

## YOUTH KARATE CLASSES

This program teaches Manners, Behavior, Respect, and Discipline. Cost is \$30 for the first month. For ages 4-Adult. For registration info, call Johnny Aranda, at 801-544-7037. Now offering Muay Thai Kickboxing.

## AEROBIC CLASSES

Step-aerobics and sculpt and tone classes are held Mondays, Wednesdays, and Fridays at 8:45am (step) and 9:35am (sculpt & tone) at the Community Center. The cost is \$8 per month or \$1/day. Come get fit with us!

## ZUMBA WITH ANGIE!

Come see what Zumba can do for you. Classes are Tues/Thurs at 8:50am, Tues/Thurs at 7:30pm and Saturdays at 10:30am at the Community Center Zumba Tone (cardio and toning all in one!) is taught during Tuesday evening and Thursday morning classes. First class is free!

**Cost:** \$36 for 12 Class punch card or \$5 drop in  
More info at [angiec.zumba.com](http://angiec.zumba.com)

## WEIGHT MANAGEMENT

### THE HEALTHY WAY

Are you tired of weight loss gimmicks that don't work? Then its time to learn some new strategies! This is your time to make it work for you! Come learn how to get healthy and stay healthy with Angie (*certified Lifestyle Weight Management Specialist and Fitness Instructor specializing in Zumba, Yoga, Pilates, Dance and Resistance Training*)

The Revolutionary Take 10 Coaching System is a 10 week healthy weight management program that will help you keep the weight off. Saturdays from 11:30am to noon. FREE Class on Jan 5. \$25 for 10 week program, Jan 5 - March 9

### FREE ZUMBA CLASS

Try it for FREE Thurs. Jan 3, 8:50am & 7:30pm and Sat. Jan 5, 10:30am. Be Fit and healthy with Zumba

*Happily Ever Signing* Baby Sign Language classes are taught by a Certified Advanced instructor through the Signing Time Academy. We meet on Tuesdays from 10:30-11:30am. The class is for ages birth-36 months of age. Signing with your child promotes a deeper bond, enhances baby's memory, reduces toddlers' frustration, and benefit's children with special needs. The cost is \$10 per class for 4 weeks plus a multimedia fee. For more info please contact Angela Horsfall @ 801.388.8883 or [HappilyEverSigning@gmail.com](mailto:HappilyEverSigning@gmail.com)

### BABYSITTING BOOTCAMP

Participants will learn basic baby care, basic first-aid and nutrition, ideas for activities and games and more basic babysitting information. Participants who complete the class will receive a certificate of completion. The class will be taught by Liz Packard, a certified instructor. THIS WILL BE A ONE DAY CLASS, from 9am-1pm. Class will be held Saturday, February 9, for ages 9 to 14. Cost is \$25.

### LOOKING AHEAD!!

March: Baseball/Softball Registration

## WE NOW OFFER ONLINE REGISTRATION!

Online registration is available at [www.syracuser recreation.com](http://www.syracuser recreation.com)

## SPRING SOCCER

Registration will be February 1-28. This program is for Pre-Kindergartners (going into Kindergarten in the fall of 2013) thru 6<sup>th</sup> Grade. All leagues are Co-ed. Cost is \$46 (Residents) and \$61 (Non-Residents). Registration fee includes a jersey, shorts, and socks. Online registration is available through [www.syracuser recreation.com](http://www.syracuser recreation.com).

## LITTLE DANCERS

8 week session for \$40, begins Jan 17. This is a fun introduction to dance. Children will explore their movement potential as they learn a variety of dance with an introduction to ballet/creative movement. Dance shoes not required. Ages 3 - 5 Thursdays from 10:10 to 10:55am.

## MISS SYRACUSE

Applications for the Miss Syracuse and Miss Syracuse Outstanding Teens Pageants will be available February 1 at the front desk of the Syracuse Community Center. There will be an orientation for those wishing to participate in March, date TBA. The Pageants will take place in June, date TBA.

### It is time to have a **RENOVATION CELEBRATION!**

Syracuse Elementary School's remodel is finally complete. Come celebrate with us!

**Thursday January 17, 2013  
Open house from 5-8 pm**

Come for a night full of fun and surprises. We are so excited we want to share this night with everyone in the community. So anyone in the area is invited to come see our new school.

## Foster Grandparent Program of Northern Utah

We are looking for individuals of all ages to volunteer in the schools tutoring children. If you are age 55 or older you may qualify for a monthly stipend.

FOR MORE  
INFORMATION CALL:  
(801)625-3782 or  
1-800-209-2503



## VITA PROGRAM AVAILABLE AGAIN

The Volunteer Income Tax Assistance (VITA) program will be available again at Syracuse Community Center this coming tax season. If your annual household or individual income is \$50,000 or less, IRS-trained community volunteers will prepare your federal and state taxes free of charge. These tax preparers are especially proficient in getting all the special credits you may be allowed under tax law, e.g., Earned Income Tax Credits, Education Credits, Child Credits and Residential Energy Credits. Syracuse Community Center will be open for free tax preparation each Monday starting February 4 and ending April 15, from 5-8pm. The center will be closed on February 18 for President's Day. If you would like to make an appointment to have your taxes done, call 2-1-1 on or after the third week in January and they will schedule a time for you. Walk-ins are also welcome, but they must be served after those with appointments.

Please bring these items when you come to get your taxes done. (This is not intended to be a complete listing of all possible items needed to complete the return).

- Social Security card for you, your spouse and your dependents. If you don't have a Social Security card, bring an ITIN or a letter from the Social Security Administration.
- Correct birthdates for you, your spouse and dependents.
- Wage and earning statements (W-2 or 1099-R).
- Interest and dividend statements from banks, e.g. Form 1099-INT or 1099-DIV.
- If you are itemizing deductions, additional materials need to be furnished, e.g. receipts for medical expenses, charitable contributions, mortgage and property tax information.
- Amount paid for daycare, provider's name and address, plus tax identifying number.
- A copy of last year's tax return.
- If you want to have a refund electronically deposited, bring a check so that the tax preparer can get the routing number of the bank and your account number.
- **Both parties of a joint return must come in to sign the forms, even if e-filing.**

Call 2-1-1- for additional vita site information.



## SR-193 Extension

Construction on SR-193 started mid-December. Work is weather dependent, but you will see crews working from December thru February when weather permits. The bulk of construction will take place next year, beginning in March. Project completion is scheduled for Summer 2014.

Most of the work this winter will be taking place between Main Street and 2000 West (Phases 1 and 2). Here are some of the activities you can expect in the next few months:

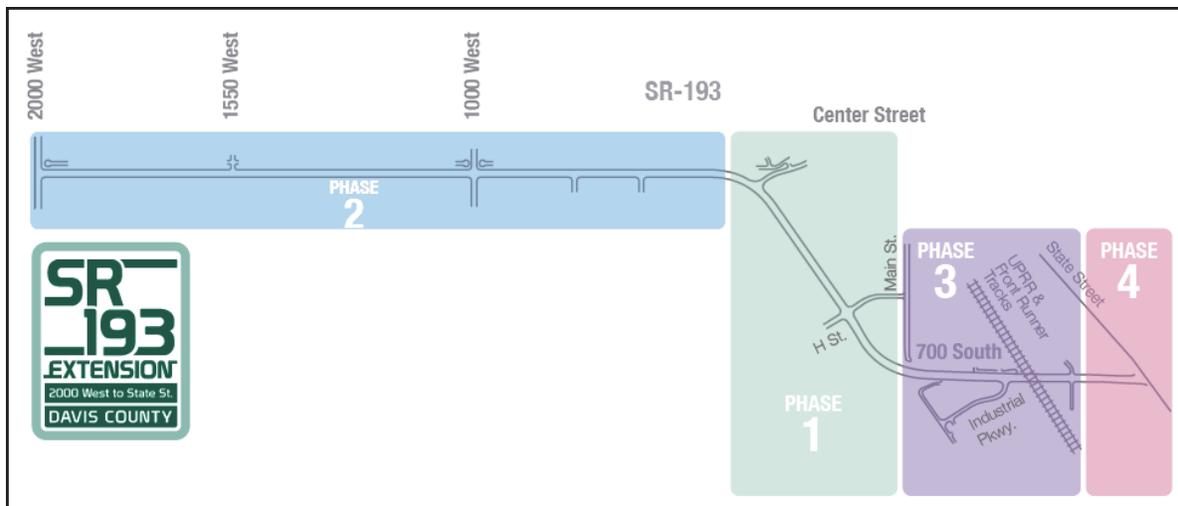
- Clearing the site and placing fill material
- Work on the noise wall and privacy fence
- Storm drain installation
- Completing remaining utility relocations

The UTA trail will be closed in early January 2013 between Center Street and Main Street (Phase 1). The trail is being closed to install a pedestrian crossing under the roadway. The closure is expected to last until mid-summer.

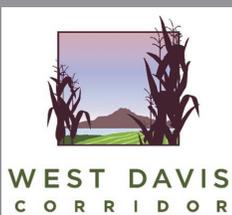
700 South between Depot Street and the Freeport Center (Phase 3) will be closed for up to 10 months. We anticipate the closure beginning sometime around mid-summer 2013. This closure will not take place until the new section of road between Main Street and Center Street is open and detours are in place.

Please contact the SR-193 Extension Team if you have any questions about the project. You can also sign up through the website to receive weekly email updates and stay current on construction activities.

800-948-4002 / [SR-193@utah.gov](mailto:SR-193@utah.gov) / [www.udot.utah.gov/sr193](http://www.udot.utah.gov/sr193)



## West Davis Corridor



The WDC team is continuing to study and analyze the alternatives in greater detail as it prepares the Draft Environmental Impact Statement (DEIS) document. Chapters of the Draft EIS document are being written and the team is conducting a comprehensive analysis on various environmental impacts. The results of this in-depth analysis will be presented in the Draft EIS as well as UDOT's preferred alternative. This information is expected to be released in spring 2013 along with a public hearing process and formal comment period. A final Record of Decision is not expected until the study is complete in 2014. For the latest information, including maps, data, and project schedule, please visit the project website at [www.udot.utah.gov/westdavis](http://www.udot.utah.gov/westdavis).

UDOT encourages you to submit your comments and ask questions. Please contact the study team at 877-298-1991 or [westdavis@utah.gov](mailto:westdavis@utah.gov).

# Frozen Water Pipe Prevention

The winter months mean freezing outdoor temperatures which can cause water lines to freeze. Frozen pipes can burst and cause extensive water damage. An eighth-inch (three millimeter) crack in a pipe can emit up to 250 gallons (946 liters) of water a day. Both plastic (PVC) and copper pipes can burst. By taking a few simple precautions, you can save yourself the mess, money and aggravation frozen pipes cause.



## **Before the cold hits**

- **Insulate** pipes in your home's crawl spaces, garage, unfinished basement and attic. These exposed pipes are most susceptible to freezing. Remember, the more insulation you use, the better protected your pipes will be.
- **Disconnect** garden hoses and insulate all outdoor faucets (hosebibs). This reduces the chance of freezing in the short span of pipe just inside the house.
- **Heat tape** or thermostatically-controlled heat cables can be used to wrap pipes. Be sure to use products approved only for the use intended (exterior or interior). Closely follow all manufacturers' installation and operation instructions.
- **Seal** leaks that allow cold air inside near where pipes are located. Look for air leaks around electrical wiring, dryer vents and pipes. Use caulk or insulation to keep the cold out and the heat in. With severe cold, even a tiny opening can let in enough cold air to cause a pipe to freeze.

## **When the temperature drops**

- **A trickle** of hot and cold water might be all it takes to keep your pipes from freezing. Let warm water drip overnight, preferably from a faucet on an outside wall.
- **Open** cabinet doors to allow heat to get to uninsulated pipes under sinks and appliances near exterior walls.

## **Before you go away**

- **Set** the thermostat in your house no lower than 55°F (12°C).
- **Ask** a friend or neighbor to check your house daily to make sure it's warm enough to prevent freezing or
- **Shut off** and drain the water system. Be aware that if you have a fire protection sprinkler system in your house, it will be deactivated when you shut off the water.

## **If your pipes freeze**

**Don't take chances.** If you turn on your faucets and nothing comes out, leave a faucet turned on for water to drain from and so you can see when the water starts to flow again. You may be able to thaw a frozen pipe with a hair dryer, heater or heat tape. Apply heat for up to 45 minutes if there is still no water contact the Water Division at 801-825-7235 or after hours at 801-643-5775.

If your water pipes have frozen and burst, turn off the water at the main shut-off valve in the house (usually in the basement); leave the water faucets turned on. (Make sure everyone in your family knows where the water shut-off valve is and how to open and close it.)

**\*\*\*Never try to thaw a pipe with a torch or other open flame. Do not use electrical appliances in areas of standing water because you could be electrocuted.\*\*\***

## ***Syracuse City on Facebook and Twitter!***

Did you know that the City is actively using social networking sites such as Facebook, Twitter, and YouTube? Through these venues, you can now ask questions, find out what is going on at the city, and communicate with other residents. Use the Twitter hashtag, #IShopSyracuse, and City Facebook page to share your favorite local shopping locations and experiences!

# Ninigret North Breaks Ground!



## ***(CERT) Training***

### *Syracuse Community Emergency Response Team*

CERT is a group of every day citizens in the community who want to know what to do in a disaster and how to help others. They are taught basic fire, first aid, search and rescue and Incident Command. Come join our Winter CERT Class and make a difference! Classes are Tuesday nights: Jan 15, 22, 29, Feb 5, 12, 19, 26, from 6-9pm at the Syracuse Fire Station located at 1869 S 3000 W. There will also be a final class mock disaster on March 2, from 9am – noon.

The cost of the class is \$25.00 for safety equipment. To sign up for the class you will need to call the Fire station at 801-614-9614 or send an e-mail to [cert@syracuseut.com](mailto:cert@syracuseut.com)



# Shop Local Contest

*Use Your New Business Directory to win \$25 Cash!*

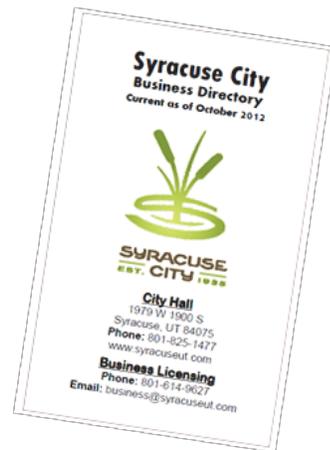
Hopefully you recently received on your doorstep a Syracuse City Business Directory that lists all of our local businesses. If you never received your copy, please come in to city hall to pick yours up. You'll be surprised at all the local services that are available here in the city by both brick and mortar and home based businesses.

Please consider these businesses next time you get your hair cut, take family photos, or need a mechanic, etc. Every time you shop Syracuse, you help your neighbor and your community by creating jobs, improving the economy, and reducing environmental impact.

## Here's how to participate:

- When you need to buy something or hire someone to do a job, open your business directory and see if you can get it done here in Syracuse
- Make the purchase
- Fill out the form below and place in the contest jar located in City Hall, R.C. Willey, Miya Design, Smith's, Wendy's, Warrens, Café Limon, Thai Jasmine, Yogurt Spot, Imperial Asian Cuisine, the Pizza Factory, Trolley Wing, or Syracuse 6 Movie Theatre. You can also email us the information at [business@syracuseut.com](mailto:business@syracuseut.com)

We will announce three (3) \$25 prize winners in our March/April newsletter, on our Facebook page, and on Twitter (#IShopSyracuse).



Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Which business did you support? \_\_\_\_\_

What did you purchase? \_\_\_\_\_

Tell us about your experience: \_\_\_\_\_

## Community Workshop

*Living Well with Chronic Conditions*



to register to attend or for more information.

Want help keeping your New Year's resolution? The free community workshop **Living Well with Chronic Conditions** can help you achieve your goals to manage your ongoing health conditions by teaching you different self management tools that can help you take your life back and control your health again. A new six week workshop begins Jan. 9<sup>th</sup> at 2:30pm at Davis Hospital's Diabetes Care Center in Layton. Call Jessica at 801-525-5087

# January



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 City Offices Closed at 3pm	1 City Offices Closed In observance of New Years	2 Court	3 FREE Zumba Class @ 8:50am & 7:30pm	4	5 FREE Zumba Class @ 10:30am
6	7	8 City Council @6pm	9 Court Living Well with Chronic Conditions Workshop begins	10	11	12
13	14	15 Planning Commission @ 6pm CERT Class 6-9pm	16 Court	17 Syracuse Elementary Renovation Party Open House 5-8pm	18 Deadline for Planning Commissioner Letters of Interest	19
20	21 City Offices Closed In observance of Human Rights Day	22 City Council @ 6pm CERT Class 6-9pm	23 Court	24 Emergency Preparedness Class @ GSL 6-9pm	25 Utility Payments Due	26
27	28	29 CERT Class 6-9pm	30 Court	31 Emergency Preparedness Class @ GSL 6-9pm		

# February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Spring Soccer Sign-Ups Begin	2
3	4	5 Planning Commission @ 6pm CERT Class 6-9pm	6 Court	7	8	9 Babysitting Bootcamp @ 9am
10	11	12 City Council @6pm CERT Class 6-9pm	13 Court	14	15	16
17	18 City Offices Closed In observance of President's Day	19 Planning Commission @ 6pm CERT Class 6-9pm	20 Court	21	22	23
24	25 Utility Payments Due	26 City Council @6pm CERT Class 6-9pm	27 Court	28 Spring Soccer Sign-Ups End		